





Coinfections with hepatitis viruses (HBV/HCV) and

## Session/Topic: hepatitis: treatment

# Poster N. Title:

## P 86 Feasibility of Pegylated Interferon (PegIFN) based therapies in HIV/HCV coinfected individuals seen for care in Italy: an estimate using data from ICONA and HepaICONA cohorts

### Authors:

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#### Abstract:

**Background:** Pegylated interferon (PegIFN)-based therapies with or without Sofosbuvir/Simeprevir is the only option available in Italy for HIV/HCV-infected patients without advanced liver fibrosis. This is also the treatment option recommended by European AIDS Clinical Society guidelines for PegIFNnaïve patients without liver cirrhosis. However, access to this treatment could be challenging in coinfected people because of patients' refusal and major contraindications. In addition, minor contraindications require supportive measures which can increase costs and complexity of PegIFNbased treatment (i.e. transfusions, growth factors, antidepressants, etc.)

**Aim:** To estimate the proportion of patients with minor and major contraindications to PegIFN-based therapies in HIV/HCV co-infected PegIFN-naïve patients without advanced liver disease and enrolled in two large cohorts in Italy.

**Methods:** A cross-sectional descriptive analysis of HIV/HCV co-infected patients enrolled in ICONA and HepaICONA cohorts at the time of their most recent clinical visit (if after 1 January 2010). We considered only PegIFN-naïve and identified major contraindications to PegIFN according to Summary of Product Characteristics. We also identified minor contraindications such as: anemia, neutropenia, thrombocytopenia, psychiatric disorders, diabetes, hypertension and current alcohol use. We did not take into account drug-drug interactions (DDIs) between Simeprevir and cART in this analysis because this drug could be replaced by Sofosbuvir in PegIFN-based therapies for HCV genotype (G) 1 and G4.

**Results:** We identified 1,462 patients with HIV/HCV of median age 50y [IQR 46-53], 380(26%) females, IDU 1060 (73%). Median calendar year of last clinical visit was 2014 [IQR 2010-2015]. Distribution of genotype: G1a, 439 (30%); G1b, 178(12%); G2, 35(2%); G3a, 339(23%); G4, 147 (10%). Fib-4 score data were not available in 374 (26%), 216(15%, 95%CI: 12.9-16.7) showed advanced (Fib-4 score >3.45) liver fibrosis and 193(13%) previously received PegIFN. The percentage of PegIFN-naïve patients without advanced fibrosis (Fib-4 score  $\leq$ 3.45) and without major contraindications was 95% in G1 or G4, 76% in G2, and 66% in G3. However, in these patients without major contraindications,  $\geq$ 1 minor contraindication was present in 50% with G1 or G4, 41% with G2 and 48% with G3. Therefore, overall only, 252 patients (170/363 with G1 or G4, 13/23 G2 and 69/133 G3) out of 679 (37%, 95% CI: 33.4-40.8) were PegIFN-naïve people without advanced fibrosis and with no major or minor contraindications to PegIFN-based therapies.

**Conclusion:** Although most of the potential HIV/HCV co-infected candidates for PegIFN-based treatment did not show major contraindications to PegIFN, only 37% of our patients were free of minor contraindications, thus most of them will probably require additional support that may decrease the cost effectiveness of PegIFN-based therapies.